

## Breakfast- Monday

### Juice

Orange Juice

**Cranberry Juice\***

### Fruit

Banana

### Assorted Cereal

Old Fashioned Oatmeal

Corn Chex

Honey Bunches of Oats

**Fruity Cheerios with 2% milk\***

### Accompaniments for Cereal

**Cold milk\***

Soy milk

### Hot Entrées

Cheese and Bacon Omelet

French Toast

**Scrambled Eggs\***

### Bakery

Banana Whole Wheat Muffins

Sourdough toast

**Whole grain toast\***

Plain bagel

### Spreads/Sides

Butter

Peanut Butter

Cream Cheese

Orange Jam

**Strawberry Jelly\***

Ketchup

Salsa

### Side Dishes

Sausage

Scalloped Potatoes

**Hash Browns\***

### Beverages

Hot chocolate

Apple cider

**Cold milk\***

Hot milk

## Lunch- Monday

### Soup & Salad

Basic Mixed Green Salad with added Tomatoes

Split Pea Soup

**Green Salad with Tender Strawberries and Creamy Vinaigrette\***

### Entrée

Cold Sliced Turkey & Cheese Sandwich on Whole Grain Bread Cut to your favorite shape!

Cheese Quesadilla with Mexican Brown Rice and Zesty Salsa

**Ooey Goopy Peanut Butter and Jelly Sandwich\***

### Vegetables

Celery Stalks and Carrot Slices

Crunchy Bell Pepper Strips

**Crisp Broccoli Florets with Ranch Dressing\***

### Desserts

Warm Chocolate Chip Cookie

Fresh Apple Pie

**Ice cream sandwich\***

### Bakery

French Roll

Sourdough bread

Whole grain bread

**Baked Crackers\***

### Beverages

Lemonade

**V8 Splash\***

Whole milk

2% milk

Skim milk

**Water\***

## Dinner- Monday

### Soup & Salad

Hearty Beef Vegetable Soup

Tender Greens and Fruit Salad

**Tortellini Soup\***

### Entrée

Triple Cheese Marconi and Cheese

Cheesburger on Whole Wheat Bun with French Fries and Ketchup

**Crispy Chicken Nuggets and Potato Salad\***

### Vegetables

Baked Beans

Marinated Carrots

**Corn on the cob\***

### Desserts

Vanilla Ice cream

Bowl of Fresh Fruit

**Oatmeal Raisin Cookie\***

### Bakery

French Roll

Sourdough toast

**Whole Wheat roll with butter\***

### Beverages

Chocolate milk

Whole milk

**2% milk**

Skim milk

**Water\***

- Choose from one entrée per meal
- Water served with every meal
- Please note if child has any specific allergies